

Life Group Study Notes

February 22, 2026

THIS WEEK'S MESSAGE

Pressed

Mark 14:32-42



In the Garden of Gethsemane, Jesus prays fervently before his impending crucifixion. This prayer illustrates his struggle, yet his unwavering dedication to his mission.

Study – Discovering What the Bible Says

1. What is one key lesson or principle you learned from last week's study?

Read Mark 14:32-42

2. What words describe Jesus' emotional state, and are these typical of what we read about Jesus in the Gospels before Gethsemane?
3. How does the prayer in Gethsemane present us with the tension between Jesus' divine nature and his humanity?
4. What is the significance of Peter, James, and John being with Jesus?

5. What contrast do you see between Jesus praying and the disciples sleeping?
6. Why do you think Jesus asked for the cup to pass if He knew the cross was His mission?
7. Complete the following, based on verses 32-36.
Gethsemane shows us that "Your will be done" is not a _____ . It is _____ .
In Gethsemane, Jesus chose the _____ over _____ .
8. What does the word, Gethsemane mean, and how does it contribute to the overall story?
9. Complete the following: The cross was won in _____ , before it was displayed in _____ .
10. How does Jesus' submission to the cross challenge us during difficult seasons? What fears make surrender difficult?
11. Is there anything additional that you would like to add or discuss?

Personal Reflection

1. Is there an area of your life where you are resisting surrender right now? What is holding you back?

Coming Next Week

Betrayed
Luke 22:47-53

The cross serves as a powerful symbol of both the realities of betrayal and the possibility of forgiveness and redemption. It invites reflection on the complexity of human relationships, demonstrating the contrast of human sin and divine love.

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Sign up for our Newsletters

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Additional Notes



The Cross in Full View.

The cross lies at the heart of the Christian faith and theology. Through it, we discover the richness of divine love and grace, while recognizing its profound necessity for atonement and forgiveness. In this series, we uncover the multifaceted nature of the cross, as it embodies the core beliefs of sacrifice, redemption, love, and hope.

If you are interested in joining a Life Group, contact the church at office@villagegreenchurch.com.