

Life Group Study Notes

February 1, 2026

THIS WEEK'S MESSAGE

Outpouring

Romans 14:13
Galatians 6:2
Hebrews 10:24



What we do for others is also doing something significant for ourselves. Character is built through the powerful and transformational process of serving others.

Study – Discovering What the Bible Says

1. What is one key lesson or principle you learned from last week's study?
2. Do you remember your first Communion? Also, what continuing effect does it have on your growth as a believer?
3. What was presented as an introduction? Communion doesn't just look back to the cross; it shapes how we _____.
4. Why is it important to remember that Communion is a communal act?

Read Romans 14:13

5. What are some modern-day "stumbling blocks" Christians can unintentionally place before others?

6. Complete the following: When we examine ourselves before Communion, we also examine how we _____. Communion invites _____ not _____.

Read Galatians 6:2

7. What makes it hard for people to share their burdens in a church community?
8. Complete the following: Bearing burdens doesn't mean _____ people; it means _____ with them.

Read Hebrews 10:24

9. Complete the following: Communion sends us back into the world as _____; people who _____, speak _____, and _____ God's work in one another. It is _____.

Closing Statement: The Ripple Effect: Communion _____ us to a faith that is active in _____, _____, and _____.

10. Is there anything additional that you would like to add or discuss?

Personal Reflection

1. How has this study on Communion helped you to understand the importance of serving one another in love?

Coming Next Week

In All Things, Grace

John 13:34-35; Romans 12:10; Galatians 5:13

The power of gracious love is profound. When given, grace multiplies what is ordinary into something divine.

How to Connect with Village Green

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The Ripple Effect: How We Bless One Another.

The “one another” passages in the Bible emphasize the importance of relationships and community. These verses highlight how we are called to treat one another and the ripple effect it creates, not only in our local communities but also in our society, where isolation and tribalism are a growing problem.

If you are interested in joining a Life Group, contact the church at office@villagegreencurch.com.