

# Life Group Study Notes

October 13, 2024

## THIS WEEK'S MESSAGE

Space for Me

Romans 12:1-5



Turning inward and making space for ourselves can be intimidating, but necessary for becoming fully mature in our faith.

## Study – Discovering What the Bible Says

1. What was one key takeaway for you from last week's study? (Hint: It was on Scripture).
2. Share how the truths of what God has done for us in Romans 1-11 (See back of study notes p.2) might help us be grateful and be willing to be "living sacrifices."

### Read Romans 12:1-5.

3. Comment on these thoughts about Solitude and Silence:

Solitude is a foundation and focal point to develop our relationship

Silence lowers \_\_\_\_\_

It's the solitude and silence \_\_\_\_\_.

4. Discuss how you think Mark 9:2,3 and 2 Corinthians add to our understanding of Romans 12:2?

5. What do you think about the statement, "Paul is advocating for "total transformation" in this section, which must include "internal" transformation (as opposed to just vertical (with God) or horizontal (with others)).

6. A statement was made that, **the problem with many Christians is they live life based on feelings, or they are only concerned about doing. Do you agree? What's the solution and why?**

- This life lived by feeling will never know the transforming power of God, because it \_\_\_\_\_
- This life of doing will never know the transforming power of God, because \_\_\_\_\_.

The first questions cannot be "How do I feel?" or "What do I do?" Rather, they must be \_\_\_\_\_

7. How does true humility allow for proper self-evaluation (Rom.12:3), and discuss how might this quote apply. "The thing we would remember from a truly gospel-humble person is how much they seemed to be totally interested in us..." C.S. Lewis

8. How will a proper "making space for me time" give you a true sense of belonging? (Rom. 12:4,5) and a)

b) How will it allow you to serve one another better?

9. Is there anything additional that you would like to add or discuss?

**Homework:** Make a plan to set aside some "Me Time" with God regularly and ask God to show you if you are building a monument to yourself or an altar to God? If you need help finding a plan try <https://www.bible.com/search/plans?query=solitude>

## Additional Notes

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### Romans 12:1 “And so or Therefore” in light of Romans 1-11

Think of all that Paul is grateful for us thus far:

- Justification from the guilt and penalty of sin.
- Adoption in Jesus and identification with Christ.
- Placed under grace, not law.
- Giving the Holy Spirit to live within.
- Promise of help in all affliction.
- Assurance of a standing in God’s election.
- Confidence of coming glory.
- Confidence of no separation from the love of God.
- Confidence in God’s continued faithfulness.

( Carlos Wittaker } <https://www.youtube.com/watch?v=GHA1gikkkkk>

### **Making Space, A 10-Part Series**

Life certainly has a way of becoming overwhelming, making it difficult to find time for reflection, meditation, and spiritual connection with God. In this series, we will explore the incredible transformative power of creating spiritual space in our lives.

If you are interested in joining a Life Group contact the church at [office@villagegreenchurch.com](mailto:office@villagegreenchurch.com).

## Coming Next Week

Space for Discernment

Colossians 2:6-10

Being discerning gives us space to cultivate not only an awareness of the world around us but helps to foster an outlook of deeper understanding and outlook.

### **How to Connect with Village Green**

Church Contact	<a href="mailto:office@villagegreenchurch.com">office@villagegreenchurch.com</a>
Website	<a href="http://www.villagegreenchurch.com">www.villagegreenchurch.com</a>
YouTube	<a href="http://www.youtube.com">www.youtube.com</a>
Instagram	<a href="https://www.instagram.com/villagegreencommunitychurch">villagegreencommunitychurch</a>
Facebook	<a href="https://www.facebook.com/villagegreenchurch">www.facebook.com/villagegreenchurch</a>
iTunes.	<a href="https://podcasts.apple.com">podcasts.apple.com</a>

You can access the live stream as well as past sermons, updates, blogs, and so much more on our website and YouTube channel.

Check out our bi-weekly podcast, Theology Jam, with Jon Korkidakis and Matthew Burkholder. You can find it wherever you find your favourite podcasts. You can contact the show and submit requests at [theologyjam@gmail.com](mailto:theologyjam@gmail.com)

### **Sign up for our Newsletters**

We have two newsletters. One that goes out every week on Saturday and one at the beginning of each month. Both contain updates and current information about all that is happening at the church. Simply go to the “contact” menu on our webpage and click on the dropdown, “follow us.” Add your email and you’re all signed-up.